

Mastery Test Question Booklet for Building a Blended Family FamilyIQ Course

Instructions:

Print out the Mastery Test Question Booklet and the Mastery Test Scoring Booklet.

When you reach the Mastery Test page in the course, close the course and answer the questions in the booklet.

Circle the answers you believe to be correct.

Match your answers with the answer sheet in the Mastery Test Scoring Booklet. Add up your answers. Each correct answer is worth 10 points. Add up your points to receive your score for your final grade for the course.

Question 1

Which of the following is NOT one of the four big A's:

- A Adapt
- B Accept
- C Achieve
- D Alleviate

Question 2

Clearly discussing and defining who is responsible for what, decreases conflict and helps to set expectations in your new family.

True

False

Question 3

Positive statements that are repeated and practiced will:

- A Be of no use to you
- B Help solve conflicts
- C Help you cope
- D Make you invincible.

Question 4

You should move quickly to ensure that your stepchild likes you as soon as possible.

True

False

Question 5

Which of the following is a typical perception of a child in a new blended family?

- A Complete assurance
- B Loss of Control
- C Gained security
- D Loss of rights

Question 6

Which of the following is NOT typical of a child?

- A They can quickly detect insincerity.
- B They are oblivious to their surroundings.
- C They tell you what they think you want to hear.
- D They are like sponges.

Question 7

Which of the following is the most important strategy for handling blended family issues?

- A Time and patience
- B Understanding and passion
- C Strength and stability
- D Anger and strict rules

Question 8

Which of the following places is a good place to work out a disagreement with your partner?

- A On the way to drop the kids off at school
- B In the back bedroom, where no one can hear
- C During family meetings
- D At the dinner table

Question 9

Deep breathing is a good example of a coping mechanism.

True

False

Question 10

Measuring "how much" love is more important than acting with love.

True

False